#### **PROFILE**

 Name : Dr. Monika Sahai
Designation : Assitt. Professor , Psychology Deptt.
Date of Joining : 25<sup>th</sup> August, 2011.
Address : 128/154, Krishna Kripa Apartment, H Block, Kidwai Nagar, Kanpur 208011.



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### **Qualification : (Masters Degree Onwards)**

Title	Specialization	University	Year
Masters	Clinical & Developmental	Univ. of Allahabad.	2000
	Psychology		
M.Phil/M.Ed			
Ph D/UGC	Developmental Psychology	C.S.J.M. University,	2002-2007
Net, JRF &	& effects of food intake on	Kanpur	awarded
SRF	Physical Motor & Lognitive		
	development of Preadoles		
	cent children		

#### **Research Publication :**

### Seminars/Conferences/Workshops/Webinars

Publication Status (No.)	No.	Participation Status (No.)	International	National
Research Papers (Refereed	03	Participated	03	13
Journals)		Workshops/Seminars		
Research Papers (Refereed & Indexed Journals)		Paper Presentation	03	11
Papers in Conference Proceedings	14	Poster Presentation		01
Books with ISBN No.		Resource Person		01
Chapters/Papers in edited Books		Invited Lecture		
Monographs/Patent		Chairing Session		

#### **Membership of Professional Bodies**

Name of the Professional Body (Int./National/State/Regional)	Status
Indian Association of Human Behaviours	Lifetime Member
Community Psychology Association of India	Lifetime Member
International Journals of Human Relations	Lifetime Member
Shodh Vimarsh	Lifetime Member

# Administrative Assignments (University/College)

Name of Administrative Body/Committee	Status
C.S.J.M. University, Kanpur Placement Cell	Counsellor

### **Extra Curricular Activities**

Went as Counsellor (Panel Member) in Anshi Ladies Club of	
Hindustan Times, Kanpur, Participated in singing, Organised	
Concert in Mahila Mahavidyalaya, Run the Deptt. Counselling	
Centre of S.N. Sen B.V.P.G. College.	
Expert in Hypnotherapy a Part Life & healing by Chips.	
Went in Kendriya Vidyalya of Air Force for Selection of Counsellors	
as Expert.	

## (Dr. Monika Sahai)

Assistant Professor Department of Psychology